



# Cookery Course



## **BENGALI SWEETS**

- 1. RASGULLA**
- 2. MALAI CHAP**
- 3. CHUM CHUM**
- 4. KALAKAND**
- 5. CHENA MURKI**

## **ASIAN BOWLS**

- 1. MALAYSIAN CURRY LAKSA**
- 2. VIETNAMESE PHO**
- 3. JAPANESE CHICKEN KATSU CURRY**
- 4. TANTANMEN RAMEN**

## **HEALTHY LADOOS 2**

- 1. AATE KI PINNI**
- 2. MAKHANA LADOO WITH NUTS**
- 3. MULTIGRAIN LADOO WITH DATES**
- 4. PANJIRI**

## **NON VEG PARANTHA**

- 1-CHUR – CHUR CHICKEN PARANTHA**
- 2-CHICKEN AMRITSARI**
- 3-KEEMA PARANTHA**
- 4-ONION GARLIC LAL MIRCH EGG, PARANTHA**
- 5-PAPAD PARANTHA**
- 6-POCKET PARANTHA**

## **ENGLISH BREAKFAST**

- 1-STUFFED CROISSANTS**
- 2-SPINACH & CORN MUFFINS**
- 3-MUSHROOM CREPES**
- 4-CHOCOLATE PAN CAKES**
- 5-STUFFED OMELET/VEG PAN CAKE ROLL**

## **GREEK & SPANISH FOOD]**

- 1- AUBERGINE MILANESE**
- 2- TZATZIKI**
- 3-VEGETABLE PAELLA**
- 4-SPATZEL**
- 5-SPANISH FRITTATA**
- 6-GREEK SALAD**

## **ITALIAN COMBO**

- 1-MACARONI & CORN SOUP**
- 2-DEEP DISH PIZZA**
- 3- RIVOLI**
- 4-MUSHROOM RISOTTO**
- 5-SPHEGATTI BOLOGNESE**
- 6-PENNEPASTA IN ALFREDO SAUCE / PESTO SAUCE.**

## **GALI PARANTHEY WALI**

- 1-JODHPURI PALAK PARANTHA**
- 2-CHUR-CHUR PARANTHA**
- 3-AMRITSARI STUFF PARANTHA**
- 4-ONION GARLIC PARANTHA**
- 5-KHASTHA PARANTHA**
- 6-RAITA & LASSI (BUTTER MILK) COMPLEMENTERY.**

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**YOUTUBE- RAMNI RALHAN**

**(<https://youtu.be/bXZrvJ7VWJM>)**

## **NORTH INDIAN THALI**

- 1-PANEER PASANDA**
- 2-KADI**
- 3-DAL TADKA**
- 4-PINEAPPLE RAITA**
- 5-KATTLUMA PARANTHA**
- 6-MAL PUA**

## **RAJISTHANI FOOD**

- 1-DAAL PARANTHA**
- 2-BAATI**
- 3-CHURMA**
- 4-GHATTE KI SABZI**
- 5-LEHSUN KI CHUTNEY**

## **QUICK FANCY DINNER**

- 1-TOMATO DHANIYA SHORBA**
- 2-EXOTIC VEG SALAD**
- 3-CREAMY MUSHROOM & CORN BAKED**
- 4-PATATO ROESTI**
- 5-HANDI HOTPOT**
- 6-BAKED FRESH FRUIT CUP WITH HOT CHOCOLATE SAUCE & ICE CREAM.**

## **NON VEG RECIPES**

- 1-PRAWN TEMPURA**
- 2-CHICKEN TERIYAKI**
- 3-CHICKEN KATSU**
- 4-DRAGON NON VEG SUSHI**

## **SPECIAL TEA PARTY RECIPE**

- 1-FRANKIE**
- 2-VEG CHEESE CROQUETTES**
- 3-GRILLED SUBMARINE**
- 4-OLIVE & CHEESE TOPS**
- 5-LAVA CAKE WITH ICE CREAM**

## **BAKED CHICKEN RECIPES**

- 1-LINE HOUSE CHICKEN**
- 2-CREAMY CHICKEN CASROL**
- 3-CHICKEN POTPIE**
- 4-CHICKEN PARNIGIANA**
- 5-SUNSHINE CHICKEN**
- 6-HONEY MUSTARD GRILLED CHICKEN**

## **NON VEG SALADS**

- 1-GRILLED CHICKEN SALADS**
- 2-WARM CHICKEN SALADS**
- 3-JUNGALI CHICKEN SALAD**
- 4-EGG & POTATO SALAD LOAF**
- 5-CHICKEN SWEET & SOUR LOAF**

## **MEXICAN COMBO**

- 1-MARGARITA**
- 2-MEXICAN MINISTRONE**
- 3-FRUIT SALAD WITH BASIL DRESSING**
- 4-TEX MEX PIZZA**
- 5-MEXICAN FRIED RICE**
- 6-FRESH CORN ENCHILADAS**

## **ITALIAN NON VEG**

- 1-GRILL CHICKEN IN LACTO CHEESE**
- 2-SPHEGATTI BOLOGNESE**
- 3-CHICKEN LASAGNA**
- 4-CHICKEN CHEESE RISOTTO**
- 5-GARLIC HERBED BREA**

## **NON VEG SALADS**

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- 5-CHICKEN SWEET & SOUR LOAF**

## **TANDOOR SE 2 DAY CLASS**

- 1- AFHANI CHAMP TIKKA**
- 2- TANDOORI CHAMP TIKKA**
- 3- PANEER TIKKA**
- 4- HAIRYALI KEBAB**
- 5 -TANDOORI STUFFED POATOES**
- 6- DAHI KEBAB**
- 7- MALAI CHAMP**
- 8- HARIYALI CHAMP**

## **NEW HEATHY WRAPS**

- 1 -TORTILLA WRAP**
- 2 -GRILLED CHICKEN / PANNER WRAP**
- 3- FUSION WRAP**
- 4 -EGG PARANTHA / VEG, ROLL**
- 5- SZECHEWAN**

### **WRAPS**

- 1-KATHI ROLLS**
- 2-CRISPY BITES**
- 3-DONER ROLL**
- 4-MEXICAN WRAP**
- 5-KULCHA WRAP**

### **FINGER FOOD PARTY**

#### **APPETIZERS VEG (SNACK)**

- 1-PINWHEELS**
- 2-COCKTAIL JALAPENOS OLIVES BALLS**
- 3- FRUIT STICK WITH HONEY CHILLI DRESSING**
- 4- BARBEQUE STICK WITH FETA CHEESE AND CHEERY TOMATOES**
- 5- CANAPES 2 YA 3 TYPES**
- 6- CRUNCHIES ONION RINGS WITH CHEESE FONDUE**

### **NON-VEG CURRIES FROM AROUND INDIA**

- 1.NIHARI**
- 2.ROGAN JOSH**
- 3. CHICKEN CHETTINAD**
- 4. GOAN FISH CURRY**
- 5. BUTTER CHICKEN**
- 6. KADAI MURG**

### **NEW NON VEG CURRY DISHES 1 DAY CLASS**

- 1-GAON FISH CURRY**
- 2-CHICKEN FISH CURRY**
- 3-CHICKEN CHETTINED**
- 4-NIHARI**
- 5-KOLHAPURI CHICKEN**
- 6-BOHRI CHICKEN**

### **NEW NON VEG SALAD 1 DAY CLASS**

- 1-GRILLED CHICKEN SALAD**
- 2-WARM CHICKEN SALAD**
- 3-EGG OR POTATO SALAD**
- 4-JUNGLI SALAD**
- 5-SWEET & SOUR**

### **CHICKEN APPETIZERS**

- 1.CHICKEN 65**
- 2. CHICKEN CROQUETTES**
- 3. KUNG PAO CHICKEN**
- 4. HONEY GLAZED CHICKEN WINGS**
- 5. CRUNCHY CHICKEN FINGERS**
- 6. GRILLED HONEY LIME CHICKEN SKEWERS**

### **INDIAN DESSERTS**

- 1. MOONG DAL HALWA**
- 2. PHIRNI**
- 3. PANEER KI KHEER**
- 4. KULFI**
- 5. JALEBI**
- 6. RASMALAI**

### **INDIAN STREET FOOD**

- 1. PAV BHAJI**
- 2. AMRITSARI PINDI CHOLE**
- 3. AMRITSARI CHANA MASALA**
- 4. BHATURA**
- 5. VADA PAV**
- 6. BATATA VADA**

### **LEBANESE FALAFEL MEZZE PLATTER**

- 1. HOMEMADE PITA BREAD**
- 2. FALAFEL**
- 3. HUMMUS**
- 4. MUHAMMARA**
- 5. BABA GHANOUSH**
- 6. FATTOUSH SALAD**
- 7. TZATZIKI**

### **BAO BUNS**

- 1. CRISPY CAULIFLOWER**
- 2. SESAME TOFU KATSU**
- 3. BARBEQUE BROCCOLI/ TOFU**
- 4. VEGETARIAN FILLING FOR PAN FRIED OR STEAMED BAOZI**
- 5. SPICY FRIED CHICKEN**
- 6. CHICKEN KATSU**
- 7. PULLED JACKFRUIT TERIYAKI BAO**
- 8. INDIAN JALFREZI**